



THE GARDENS KITCHEN

AUTUMN 2 2026/SPRING 1 2027 MENU

*WEEK 1 – Dates: Tues 3 rd Nov, 23 rd Nov, 14 th Dec, 18 th Jan, 8 th Feb, 8 th March					
	MONDAY (Meat free)	TUESDAY	WEDNESDAY	*THURSDAY	FRIDAY
Main Meat/Fish Option	Margherita Pizza on Wholegrain base Oven Baked Herb Diced Potatoes	*Loaded Mediterranean BEEF Lasagne	Roast CHICKEN Fillet Roast Potatoes, Yorkshire Pudding *Gravy (V)	CHICKEN Tikka Masala With Hidden Spinach Basmati Rice Naan Bread	FISH Fingers (Salmon or Cod Fish) Chips
Allergens	Wheat, Milk	Milk, Wheat, May contain Egg	Wheat, Egg, Milk, *Soya, Wheat	Milk, Wheat	Fish, Wheat
Main Vegetarian Option Or Topping Choice	Margherita Pizza on Wholegrain base Oven Baked Herb Diced Potatoes	Mac 'N' Cheese Toppings: Crispy Crumb or Garlic & Herb Pulled Chicken (Halal)	QUORN Fillet (VE). Roast Potatoes, Yorkshire Pudding *Gravy (V)	Mexican Burrito Quorn & Bean Con carne (V) Rice	Southern Style QUORN Burger (VE) In a *bun Chips
Allergens	Wheat, Milk	Wheat, Milk	Wheat, Milk, Egg *Soya, Wheat	Wheat, Egg, Gluten free Barley	Wheat, * May contain sesame, Wheat
Vegetables / Salad Bar	Mixed Peppers	Carrots	Mixed Vegetables	Peas	Baked Beans
Jacket Potato	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo
Allergens	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg
Dessert choices	Variety of Fruit, Yoghurt or Rice Pudding with Apple Puree	Variety of Fruit, *Yoghurt or Chocolate Sponge & Chocolate Custard	Variety of Fruit, Yoghurt or Cheese & Crackers	Variety of Fruit, *Yoghurt or Jelly (VE)	Variety of Fruit, *Yoghurt or Pear with Gingerbread Biscuits
Allergens	Milk	Wheat, Egg Milk	Wheat, Milk, *May contain Sesame Seeds, Egg, Milk	*Milk	Wheat, Egg *Milk
Daily additional choices	Self-Serve Salad bar (Foods with Allergens served separately) *Freshly Baked Bread (Allergens: Wheat) and drinking water available daily. V=Vegetarian VE = Vegan				
*Notes	*Loaded - Added Hidden Blended Vegetables (Peppers, Courgettes and Onions) All items subject to availability. Climate change Mondays = Meat free day A special Census Day menu will be offered on Thursday 21 st January 2027				

Nursery only: Please prepay for chargeable meals via ParentPay: 1 day = £2.70, 1 week = £13.50



THE GARDENS KITCHEN

AUTUMN 2 2026/SPRING 1 2027 MENU

	WEEK 2 – Dates: 9 th Nov, 30 th Nov, Tues 5 th Jan, 25 th Jan, 22 nd Feb, 15 th March				
	MONDAY (Meat free)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meat/Fish Option	Margherita Pizza on wholegrain base Oven Baked Seasoned Wedges	*Loaded Mediterranean BEEF Meatballs Fusilli Pasta	Roast CHICKEN Fillet Roast Potatoes, Yorkshire Pudding *Gravy (V)	*Loaded (BEEF) Cottage Pie with *Gravy (V)	CHICKEN Nuggets Chips
Allergens	Wheat, Milk	Wheat	Egg, Milk, Wheat, *Soya, Wheat	Wheat, Milk *Soya, Wheat	Wheat
Main Vegetarian Option or Topping Choice	Margherita Pizza on wholegrain base Oven Baked Seasoned Wedges	*Loaded Homemade Pomodoro Sauce Toppings: * Cheese Diced Chicken (Halal)	Vegetable Pie Roast Potatoes, *Gravy (V)	Quorn Sausage (VE) Mash potato *Gravy	Moving Mountains Fishless Fingers Chips
Allergens	Wheat, Milk	Wheat, *Milk	Wheat, Egg *Soya, Wheat	Wheat, Milk *Soya, Wheat	Wheat, Soy
Vegetables or Salad bar	Mixed Peppers	Broccoli	Mixed Vegetables	sweetcorn	Peas
Jacket Potato	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo
Allergens	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg
Dessert	Fruit, *Yoghurt or Flapjack	Fruit, *Yoghurt or Apple Crumble (VE) & *Custard	Fruit, *Yoghurt or Pineapple	Fruit, *Yoghurt or Banana Cake & *Custard	Fruit, *Yoghurt or Shortbread Biscuit
Allergens	Gluten (Oats) may contain Wheat & Barley *Milk	*Milk Wheat	*Milk	*Milk, Wheat, Egg	*Milk Wheat
Daily additional choices	Self-Serve Salad bar, (Foods with Allergens served separately) *Freshly Baked Bread (Allergens: Wheat) and drinking water available daily V=Vegetarian VE = Vegan				
Notes	*Loaded - Added Hidden Blended Vegetables (Peppers, Courgettes and Onions) *Loaded –Added hidden Blended Vegetables (Carrots and Onions) All items subject to availability Climate change Mondays = Meat free day				

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THE GARDENS KITCHEN

AUTUMN 2 2026/SPRING 1 2027 MENU

	WEEK 3 – Dates: 16 th Nov, 7 th Dec, 11 th Jan, 1 st Feb, 1 st Mar, 22 nd March				
	MONDAY (Meat free)	TUESDAY	WEDNESDAY	*THURSDAY	FRIDAY
Main Meat/Fish Option	Margherita Pizza on Wholegrain base Sautéed Potatoes	*Loaded BEEF Bolognaise Spaghetti *Herb Garlic Bread	*CHICKEN Sausage (Halal- in *BEEF collagen skin) Roast Potatoes, Yorkshire Pudding *Gravy (V)	CHICKEN Pie with Mash potato *Gravy (V)	Chicken Burger In a *Bun Chips
Allergens	Wheat, Milk	Wheat *May contain Milk & soybean	Wheat, Egg, Milk, Sulphur Dioxide, *Soya, Wheat *Beef collagen skin	Wheat, Milk & Soya *Soya & Wheat	Wheat, * Wheat, may contain sesame
Main Meat Free Vegetarian Option	Margherita Pizza on wholegrain base Sautéed Potatoes	*Loaded QUORN Bolognaise Pasta *Herb Garlic Bread	Sliced QUORN Roast Roast Potatoes Yorkshire Pudding *Gravy (V)	Vegetable Sausage Roll Mash potato *Gravy (V)	Quorn Nuggets (VE) Chips
Allergens	Milk, Wheat	Wheat, Egg, Barley *May contain milk & Soybean	Wheat, Milk, Egg *Soya, Wheat	Wheat, Milk, Celery *Soya, Wheat	Wheat
Vegetables or Salad Bar	Sweetcorn	Green Beans	Mixed Vegetables	Carrots	Mixed Salad
Jacket Potato	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo	Oven Baked with choice of Cheese, Beans or Tuna Mayo
Allergens	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg	Milk, Fish, Egg
Dessert	Variety of Fruit, Yoghurt or Fresh Fruit Salad	Variety of Fruit, *Yoghurt or Syrup Sponge & *Custard	Variety of Fruit, Yoghurt or Melon	Variety of Fruit, *Yoghurt or Raspberry Crumble Slice	Variety of Fruit, *Yoghurt or Orange flapjack
Allergens	Milk	Wheat, Egg *Milk	*Milk	Wheat, *Milk	Gluten (Oats) May contain Wheat & Barley *Milk
Daily additional choices	Self-Serve Salad bar, (Foods with allergens served separately) *Freshly Baked Bread and drinking water available daily (Allergens: Wheat) daily V=Vegetarian VE = Vegan				
*Notes	*Loaded Added hidden blended vegetables (Carrots & Onions) All items subject to availability Climate change Mondays = Meat free day A Special Christmas lunch will be offered on Thursday 10 th December (Festive Crackers will be provided for all)				

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